

# Why the Clitoris is Important for Men

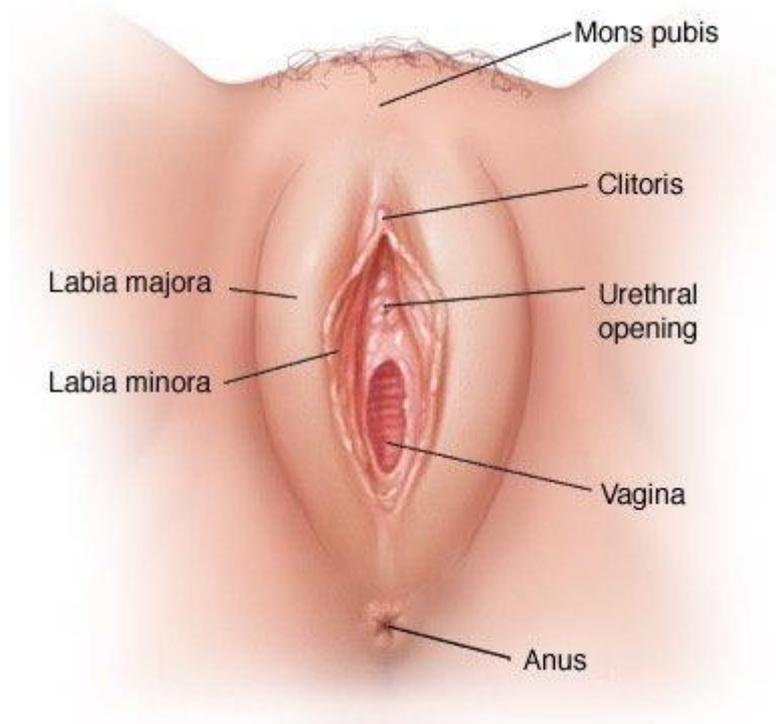


*By Ciarán Handley*

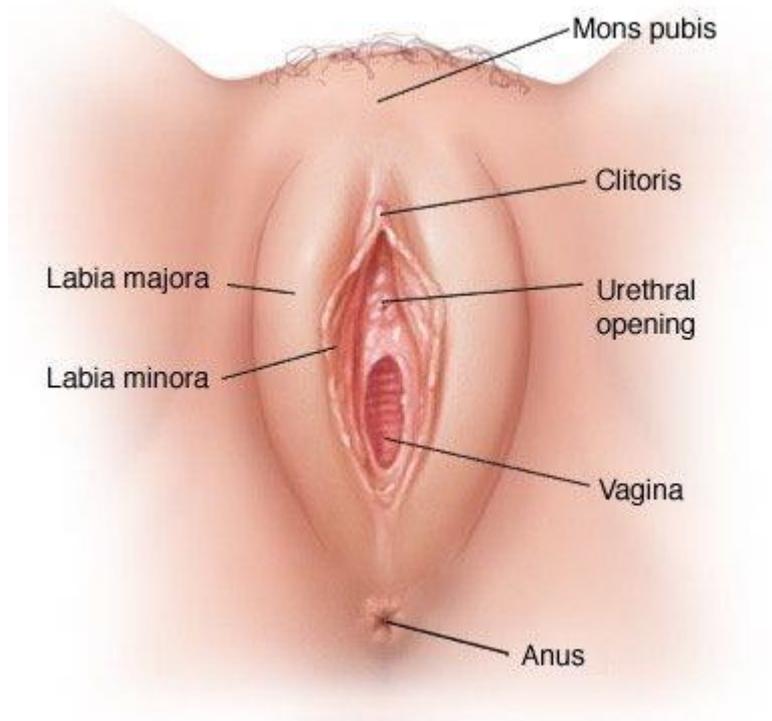
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# Why the Clitoris is Important for Men

## Chapter 1



*The Clitoris & Manhood*



### *Why is the clitoris important in Manhood?*

Because a very important part of being a man is the ability to pleasure a woman. Part of the role of a man in relationship is to take care of the woman. To be able to satisfy her sexually. That she has a fulfilling life sexually.

If a man is sexually active and doesn't know where a clitoris is or what it does, then it can only be for one reason. He couldn't care less. He is not interested in the woman's sexual pleasure.

If this is the case then he is seriously remiss in his duties as a man. This is to do with ***lack of manhood.***



*In sex there is the pleasure of one's partner.  
And there is one's own pleasure.*

Both are important. But let us talk roles.

In traditional man – woman sex, the woman spreads her legs for the man. This means that the man controls the pace in sex. He controls the timing. He controls the orgasms.

You see it is he who dictates the pace of the thrusts. The depth of the thrusts. It is he who determines how long sex lasts. It is he who controls the orgasms. Because ***he is the one who thrusts.***

With her legs spread the woman cannot thrust. Therefore she cannot control the pace.

*So whether the woman reaches orgasm or not **depends primarily on the man***

Because he is the one who controls in sex.

*This is why it is the **responsibility of the man** to pleasure the woman in sex*

Because whether she achieves pleasure or not in sex depends primarily on him.



*Even if a guy couldn't care less about the woman, he can still reach orgasm himself in sex*

You see he can just keep thrusting until he climaxes.

It might not be the most emotionally fulfilling orgasm in the world.

But he can still climax.



*“A man can reach climax in two minutes and achieve orgasm. This is how a man can be fulfilled in sex.”*



*You see some men think that they are great at sex  
because they can have orgasm so easily*

They think “*Yes, I am fantastic at sex, because I had great sex last night!*”

I would say “*If you are so good at sex, then why is the woman sitting back in bed with a big sour puss on her, looking mightily pissed off?*”

The guy might be happy because he had orgasm. And he thinks that he is good at sex because he has so many orgasms. But that is not a good measure of whether he is good at sex or not.

*To know if a man is good at sex or not, do not ask the man.  
Ask **the woman.***



*I am going to say something that may sound strange to some*

If ever a man has sex with a woman without bringing her to orgasm, then this indicates a problem. It is dysfunctional.

If I was having sex with a woman and one day she did not have orgasm, then this would immediately be a warning bell. Something is wrong. Perhaps there is a problem in work. Perhaps there is something troubling her. Perhaps there is something troubling me. But something is certainly wrong. Because it is not normal to have sex with a woman without bringing her to orgasm.

*It is **not normal** to have sex with a woman without bringing her to orgasm*

This is dysfunctional. And if it happens the chances are quite high that the problem is coming *from the man*.

This is because it is *the man's role* to bring the woman to orgasm. The man leads in sex. He controls the rhythm. He controls the pace. He controls the thrusts.

It is part of his role, *as a man*, to bring the woman to orgasm.



*If a man does not know how to pleasure a woman in sex,  
then this is a reflection of his manhood*

Part of being a man is the ability to pleasure a woman. If a man cannot do this, then he is less a man.

*If a man cannot pleasure a woman, then he is less a man*



*Standards in manhood are so, so, so bad generally that  
we have to start at the absolute basics*

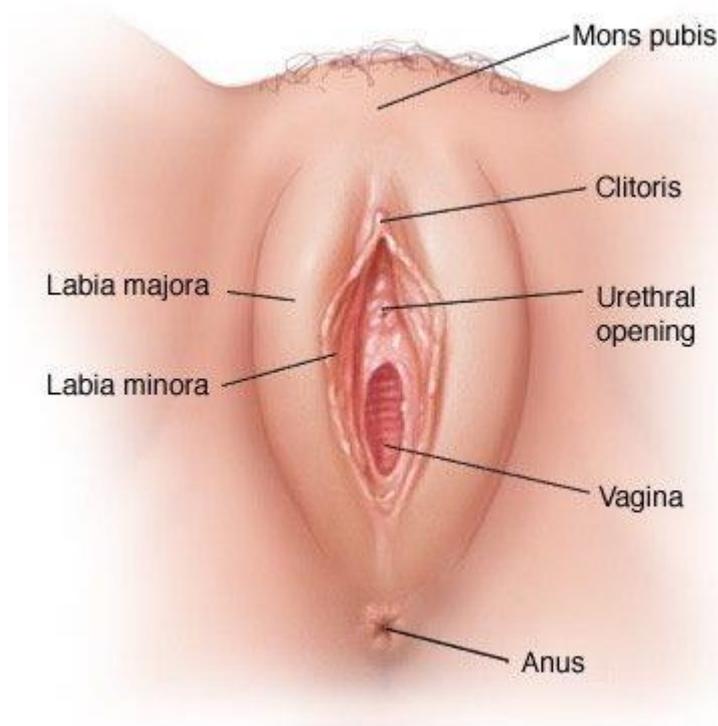
Shadows of Men. Lesser Men.

One day we will get to *Real Men, Real Women, Knights and Warriors*. But we have work to do first.

For now, let us start with something basic. What is a clitoris and what does it do?

And yes, this is about **MANHOOD**. For part of MANHOOD is knowing how to have sex with a woman.

Which is why the clitoris is important in Manhood.



*The clitoris is a sexual organ above the vagina that can give a woman sexual pleasure when lightly stimulated*

Ok, that is what is it. Now, how to find it? For a man to find a clitoris, best to do so when her vagina has been well stimulated, and the vaginal juices are flowing.

Why? I'll give two reasons. One is psychological/emotional. It is to do with boundaries, privacy and a woman's private parts. If one tries to look at a woman's sexual organs when they are not stimulated, then it can be clinical. Therefore boundaries are up. If the woman is stimulated then she is sexually more receptive. And so psychologically and emotionally more open to the man accessing her clitoris.

The second reason is that the clitoris is easier to feel when the woman is stimulated. And it is easier on the woman when she is lubricated. The easiest way to find it is to gently place a finger between the folds of the labia minora and gently slide the finger upwards towards the front of her body. The finger will slide up until it naturally comes to a stop at the top of the "V". When your finger comes to a rest, you are at the clitoris.

Careful. It is very, very sensitive. So the touch should be very light.



*For now I'll just talk about where it is, what it does and  
how to find it*

As to what to *do* with it, to quote Mr. Miyagi:

*“First learn stand. Then learn fly. Nature rule. Not mine.”*

One step at a time.

So we'll begin with just this. What is it. Where it is. How to find it. And one other thing. The understanding that *it is part of manhood* to be able to pleasure a woman in sex. That *it is part of being a man* to take care of a woman. And if a man cannot do this, then he is less a man.

[YouTube: “The Karate Kid – “Miyagisms” – Quotes of Wisdom  
by Mr. Miyagi”  
\(2:57 minutes\)](#)

# Why the Clitoris is Important for Men



**End**