

Way of the Jedi



Part I

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The Balance

Chapter 1



Do you know why I need this?

Because I am going fucking crazy living as a man,.

Way of the Jedi

Chapter 1

School



*Class is now in progress. This is school.
We begin with basics. Interconnectedness. All is One.*



The first attempt to launch Golden Age didn't work out.

This time we're going to get it right.

Class is in session. Listen up.

I gave this clip before. I'm giving it again.

[The Force Is My Ally](#)

Way of the Jedi

Chapter 2

School – Part II



Interconnectedness. All is One.



The dan tien connects the Jedi to his or her power

Only in the dan tien can one access the Tao. The instant one leaves the dan tien, one leaves the Tao.

I have not left my dan tien once since 2012. It is no longer a case for me on whether I am in my dan tien or not. Rather it is a question of *how deep* I am in my dan tien. It is not a question of whether or not I am connected. But rather what is the *depth* of my connection.

I will have much to say on the dan tien. It is an energy centre, known as the hara to the Japanese and by other names in other countries.

When Neytiri tells Jake “Stronger” she does not indicate his muscles. Instead she indicates his *dan tien*. She is telling him to be in his dan tien.



*When Neytiri indicates that Jake needs to be in his dan
tien, she also indicates that he should breathe*

“Don’t forget to breathe. Very important!”

Mr. Migayi, The Karate Kid

Understand?

[Avatar – Jake learns](#)

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End of Part I